



**LONDON
SPORT**

APPENDIX C

Creating Safe Spaces and Opportunities

Upskilling the team

Context:

The project team were experts in their own specialist areas but they needed to have a consistent and more in-depth knowledge of the lives of young people and the youth sector to have the confidence to make decisions that could create the strongest positive impact for the programme.

Activity:

As an introduction to the programme all members of the team were asked to complete the Women in Sport webinar '*Reframing Sport for Teenage Girls*' and refresh their knowledge of the Sport England research '*Under the Skin*' which is a core component of the training supplied to all Satellite Club delivery organisations.

Project team members were then given the opportunity to access further training in areas of interest to them linked to gaining a deeper understanding of the lives of young people. They did this through attending conferences, webinars and workshops over the two years. Topics they chose to dive into included adverse childhood conditions (ACEs), LGBTQ+ in sport, and exploring the link between sport and community safety.

Upskilling the team

Impact and Success:

Following all training the Programme Lead would seek views on how what was learn could be built into future Satellite Club delivery. The knowledge gained across the project team fed into the decision-making process for establishing the theme for the first themed funding round targeted at addressing an issued faced by young people – Addressing Youth Isolation [see Appendix L].

Challenges and Missed Opportunities:

With most of the training into issue-focused topics undertaken in late 2019 and early 2020 the ability to implement the learn, share resources, and develop the programme was limited by covid-19 disruptions.