

Wednesday 21st September 2022

30 Euston Square, Stephenson Way, London NW1 2FB

09:00-09:45	Registration and morning refreshments		
09:45-10:00	Welcome and opening remarks by London Sport CEO, Emily Robinson		
10:00-11:30	Keynote speakers & National Fitness Day routine		
11:30-11:45	Break		
11:45-12:45	Youth voice in designing active spaces	Health benefits of connecting people to local spaces	Designing in physical activity
12:45-13:45	Lunch		
13:45-14:45	Activating Places & Spaces through technology – a showcase	Importance of accessibility in active environments	Animating underused spaces to create opportunities for physical activity
14:45-15:00	Break		
15:00-16:00	Lessons learned from the Olympic & Paralympic legacy	Activating London's green spaces for physical activity	Looking beyond London: what can we learn from cities around the world?
16:00-16:15	Break		
16:15-16:45	Closing remarks		
16:45	End		
17:00-19:00	Networking opportunity (venue to be confirmed)		

To secure your ticket, please [click here](#)

