



The Department for Education's Healthy Schools Rating Scheme

In July 2019 the Department for Education (DfE) launched a new Healthy Schools Rating Scheme following a commitment in the government's Childhood Obesity Plan to recognise and encourage the positive actions schools are delivering in relation to the physical activity, health, and wellbeing of their pupils.

The scheme is voluntary and is based on the responses given from the teacher survey as part of Sport England's Active Lives Children and Young People (CYP) survey.

How does the award system work?

As part of the Active Lives CYP survey, teachers are asked:

- how their school complies to the School Food Standards
- how their school provides food education for their pupils and develops their skills in preparing nutritious meals
- how much time and how many sessions their school allocates to physical education each week
- whether their school monitors active travel and/or promotes active travel

The responses that a teacher gives can now generate a particular amount of points. These points are totalled, and a certain amount of points generates each award – Gold, Silver, or Bronze.

For more information about the scheme, please visit: <https://www.gov.uk/government/publications/healthy-schools-rating-scheme>

How will a school receive their award?

The rating will be included within the bespoke report a school receives based on their results from the Active Lives CYP survey. There will be a link within the report for a school to download their certificate.

Will the results be shared publicly?

No, ratings are only available to schools within their bespoke report and the rating will not be shared publicly.

That said, schools are encouraged to share their success with parents and display their certificates within their schools. Schools can also notify Ofsted inspectors about their rating as evidence of their provision to pupils and where relevant, Ofsted inspectors may consider the scheme as evidence for the 'Personal Development' judgement.

Can a school complete just the teacher survey from the whole of the Active Lives CYP survey to receive their Healthy Schools Rating?

No, schools have to complete a minimum of 30 pupil surveys as well as the teacher survey. This is because the rating and related page in the school report forms part of the whole school report which is only generated when enough pupil responses are completed.

Is this scheme different to the GLA's Healthy Schools London Awards Programme?

Yes, these schemes are separate and different. The DfE's scheme is being run nationally whereas the GLA's scheme is being run across London by the Healthy Schools London team.

London Sport recommend schools complete both schemes to fully understand and commit to their role to support the health and wellbeing of their pupils and staff, and to recognise these achievements.

For more information about the GLA's scheme and to find your local co-ordinator, please visit:

<https://www.london.gov.uk/what-we-do/health/healthy-schools-london/awards/contacts>

How can a school take part in the DfE's scheme?

Please contact the Active Lives CYP team from London Sport (the Active Partnership for London) on 0203 848 4630 or activelives@londonsport.org to discuss the next steps.