



**LONDON
SPORT**

APPENDIX O

Triple Double

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Context:

After reviewing the work London Sport had undertaken during the first few months of the pandemic to support existing clubs, it became clear that there was uncertainty amongst delivery organisations on how to effectively deliver activities in a volatile situation where permission could change within 24 hours. Resilience was the sought-after skill required for Satellite Clubs to establish and deliver for young people.

Activity:

As speed was required, we turned to a trusted partner, Triple Double, who had previously worked with London Sport on Urban Sport and Sport Tech Hub programmes and with the Marketing and Communications department. They were commissioned to embed creative workshops and upskill participants to meet challenges to delivery head on, giving them confidence to problem solve, make better choices, and navigate shifting rules.

In June 2020, London Sport brought London Youth and Sported onboard to identify ten organisations each to participant in the three-hour workshop. Triple Double's workshop used a collaborative and creative approach where club representatives took ownership of brainstorming and developing ideas as a collective to help each other find workable options for their own scenarios. The sessions aimed to get clubs thinking about taking their sessions online or creating a hybrid approach and in what conditions these options were best to use.

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Impact and Success:

Participating organisations discovered the importance of their activities and the solutions to challenges being youth-led, engaging with young people throughout session planning and delivery. The workshops created a community for the clubs to utilise as a support network.

“If now is not the opportunity to consider different approaches, then when is? You can facilitate what’s in your head, but once you facilitate what’s in other people’s head, that’s when it gets exciting.” – Triple Double

Fifteen organisations accessed the training and ten submitted successful expression of interests to deliver Satellite Clubs from October onwards.

“The project has also enabled us to think more about how we can bring young people from other areas together safely and help young people to resolve their fears about other young people and environments outside of their local area.” (My Choice)

“It has proven that we are capable of adapting to the ongoing challenges and that our role in supporting the physical and mental wellbeing of young people is vital.” (Theatre Peckham)

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Challenges and Missed Opportunities:

Although the workshop was opened to 20 organisations, they didn't all take up the opportunity and it might have been wise to put in place a waitlist. Non-take up was anecdotally chalked up to unwillingness to commit time to training that might not lead to final funding being received.

With ten successful applications but five unsuccessful, supplying recordings of the session or work packs to take away and refer to whilst completing the expression of interest would have ensured that learning from the workshop was solidified and discussions built into the delivery plans.

Given the collaboration of the organisations at the workshop, developing a culture of continued communication across each cohort could have strengthened their resolve during the fluctuating lockdown rules between November 2020 and March 2021.

Reflections for the future:

It would be worth testing combining this type of workshop with issues focused funding calls to encourage creative thinking on how physical activity can be used to tackle the issue and sharpen the innovation and quality of delivery plans included in the expressions of interest.