

APRIL 2026

TRUSTEE

This is a unique opportunity to shape the health and happiness of millions across the capital.

We are looking for up to five visionaries to join the Board, each bringing a specific lens to help London Sport navigate its next chapter of growth and impact:

- Financial
- Commercial
- Safeguarding
- Political Networks

**LONDON
SPORT**

FORSYTH BARNES
proud talent partner

LONDON SPORT

London Sport is a not-for-profit organisation helping all Londoners live longer, healthier and happier lives through being active.

Part of a national network, we champion physical activity in London's most deprived communities, sharing insights, influencing decision makers and allocating funding to effect change.

In some parts of the capital, people live 12 years longer in good health than others. With physical inactivity one of the leading risk factors for preventable ill health, we want to help more people find their way to move more.

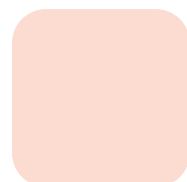
Those in our most deprived communities face the greatest inequalities and barriers to leading an active life. If we can help people be active, we can improve mental health, tackle obesity, boost children's academic performance, reduce pressure on the NHS, and unlock an estimated £10 billion in economic and social value for the city.

By collaborating with like-minded organisations, we aim to create fairer access to sport and physical activity across the capital.

Our work is 100% focused on London. By concentrating on the capital's most deprived communities, we've built relationships and insight that no other organisation can match. This depth of understanding allows us to provide evidence that policymakers and funders can trust to shape decisions and drive meaningful change.

FORSYTH BARNES

A global talent partner disrupting the recruitment industry, we have been recognised by the Financial Times as one of the fastest growing businesses in Europe year-on-year. We have a proven track history of successful partnerships with a mix of FTSE organisations and hyper-growth scale-ups looking to build high performing teams across Sports & Entertainment, eTail & FinTech industries.



ABOUT

London Sport is a charity working to ensure more Londoners live longer, healthier and happier lives through being active.

Supported by Sport England and the Mayor of London, we collaborate with those who share our vision, running and supporting projects that help children, young people and the least active adults embed sport and physical activity into their lives.

JOIN THE LONDON SPORT TEAM

London's diversity is its biggest asset. That's why London Sport champions equality and strives to reflect our capital's diversity in our Board and staff appointments.

We particularly welcome applications from individuals from diverse backgrounds, ethnic minority groups, disabled people and members of the LGBTQ+ community.

At London Sport, you'll be part of a group of people who believe that we can change the lives of Londoners for the better through sport and physical activity.

We're constantly challenging the sports industry to think more creatively about the ways that it works for London, and we include ourselves in that challenge too. If we're not thinking creatively, we're not thinking clearly enough about what matters for Londoners.

In recent years, we've had a run of successes which we're excited to build on going forward. From the growth of our landmark London Sport Awards to our commitment to helping children form an active habit for life, we're proud to be part of a growing and increasingly important movement to bring activity to people all across London.

We're looking for trustees who will challenge us, encourage us, and work with us to enable every community in London to reap the benefits of an active life.

We are committed to equality, diversity and inclusion. We are focussed on ensuring that our workforce is representative of the communities we serve.

PERSON SPECIFICATION

ESSENTIAL

- Experience in one of the following – finance, safeguarding, commercial or political networks.
- Commitment to the charity's mission and values.
- Integrity, sound judgment, and a willingness to speak up.
- Ability to work collaboratively in a team.
- Understanding of trustee responsibilities (or willingness to learn through training).
- Sufficient time to fulfil the role.

DESIRABLE

- Experience in one or more areas such as public health, planning and housing, finance, safeguarding, lived experience relevant to the charity's work.
- Communications and marketing.
- Understanding of voluntary sector regulations and operations.
- Prior voluntary board experience is desirable, but not essential.

TIME COMMITMENT

Typically, 1-2 days per month, including board meetings, preparation time, and occasional events or sub-committee work.





MANDATORY REQUIREMENTS FOR LONDON SPORT TRUSTEES

All Trustees regardless of whether they were selected by London Councils are required to undertake the following:

- Support the objectives of London Sport
- Attend Board meetings either in person or online. If a Trustee misses three scheduled board meetings in a row they will automatically cease to hold office and will no longer be a member of the Board as per the London Sport Articles of Association. There are four Board meetings a year.
- Become a member of one of three sub-committees: Finance, Strategy and Impact, Equality, Diversity and Inclusion. Each sub-committee meets four times a year.
- Promptly complete a conflict-of-interest form.
- Promptly complete a Companies House director registration online form.
- Attend an annual appraisal with the Chair.
- Attend in person safeguarding training.
- Comply with any obligations stemming from the Charity Commission or Sport England Code for Sports Governance.
- Comply with any other policies such as Code of Conduct.

Desirable requirements for London Sport Trustees

- Attend additional extraordinary Committee or Board meetings added to the calendar as required
- Attend one Board away day every year (all day event in London)
- Attend the London Sport Awards every year (evening event in London)

TERM OF OFFICE

Usually 3 years, renewable for a second or third term.

FURTHER INFORMATION

The Charity Commission's core guidance for Trustees is: [The essential trustee: what you need to know, what you need to do \(CC3\) - GOV.UK](#)

Principles of the Charity Governance Code: [The 7 Awesome Principles Of The Charity Governance Code](#)

Gov UK: Charity Commission Governance Code And Guidance (charityexcellence.co.uk)

Gov UK: Charity Commission guidance - [Charity Commission guidance - GOV.UK](#)

Gov UK: [The new Charity Governance Code – Essential reading for all trustees – Charity Commission](#)

Chartered Governance Institute UK & Ireland: [Resources](http://resources.cgi.org.uk) (cgi.org.uk)
NCVO [What is a trustee? | NCVO](#)



TIMELINE:

- Deadline for applications:
Monday 18th May
- Interviews: Week commencing **1st and 8th June**, onboarding for July Board Meeting.

TO APPLY:

To apply for this role please email *James Ingham* with a copy of your most recent CV at james.ingham@forsythbarnes.com

If you have any questions about the role or London Sport, please don't hesitate to ask.

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